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# Diffusion of intrinsic localized modes by attractor hopping 

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#### Abstract

Propagating intrinsic localized modes exist in the damped-driven discrete sineGordon chain as attractors of the dynamics. The equations of motion of the system are augmented with Gaussian white noise in order to model the effects of temperature on the system. The noise induces random transitions between attracting configurations corresponding to opposite signs of the propagation velocity of the mode, which leads to a diffusive motion of the excitation. The Heun method is used to numerically generate the stochastic time-evolution of the configuration. We also present a theoretical model for the diffusion which contains two parameters, a transition probability $\Theta$ and a delay time $\tau_{A}$. The mean value and the variance of the position of the intrinsic localized mode, obtained from simulations, can be fitted well with the predictions of our model, $\Theta$ and $\tau_{A}$ being used as parameters in the fit. After a transition period following the switching on of the noise, the variance shows a linear behaviour as a function of time and the mean value remains constant. An increase in the strength of the noise lowers the variance, leads to an increase in $\Theta$, a decrease in $\tau_{A}$ and reduces the average distance a mode travels during the transition period.


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## 1. Introduction

Intrinsic localized modes (ILMs) are localized excitations that can occur in a system due to the interplay of discreteness and nonlinearity (for instance see [1-3]). These modes exhibit internal dynamics, like oscillations or rotations of constituents of the system in the localization
region. Therefore, these modes are also known as discrete breathers, alluding to the superficial similarity between them and the breather solutions of the continuum sine-Gordon equation. The majority of the literature deals with strictly time-periodic, nonpropagating ILMs. For this specific type of discrete breather there are rigorous proofs of existence for the conservative [4-6] and dissipative [6] cases. From the proofs it is clear that the requirements for the existence of these modes are rather weak, which makes ILMs quite generic, in contrast to breather solutions in the continuum. An overview of some recent results can be found in [7, 8].

First predictions [9] of the existence of such modes, however, did not exclude the case of propagating discrete breathers and numerical results [10] soon showed the existence of mobile ILMs. Several aspects of such travelling modes have been investigated so far, for example, the interaction with an impurity [11] or the effects of bending of the chain along which the excitation is travelling, in connection with models of DNA [12, 13]; questions connected to the phenomenon of breather mobility itself have been discussed for instance in [14, 15]. To our knowledge, the diffusion of intrinsic localized modes has not been looked at yet; this is in stark contrast to the thoroughly investigated topic of soliton/solitary wave diffusion. For the latter, see for instance [16-21] and references therein.

We study this problem in the discrete sine-Gordon chain (also known as the standard Frenkel-Kontorova model) under damping and harmonic driving; the equations of motion, in dimensionless units, are

$$
\begin{equation*}
\frac{\mathrm{d}^{2} u_{n}}{\mathrm{~d} t^{2}}=-\frac{1}{2 \pi} \sin \left(2 \pi u_{n}\right)+C\left(u_{n+1}+u_{n-1}-2 u_{n}\right)-\alpha \frac{\mathrm{d} u_{n}}{\mathrm{~d} t}+F \sin \left(\omega_{0} t\right) . \tag{1}
\end{equation*}
$$

This equation describes the dynamics of a chain of identical damped and driven pendulums in a homogeneous gravitational field, with harmonic nearest-neighbour coupling. The quantity $u_{n}$ corresponds to the angle of deviation (in units of $2 \pi$ ) of the $n$th pendulum from the position of minimum energy. Certain systems of Josephson junctions can also be described by equation (1) (see [22, 23] for example).

Numerical results [24, 25] show that intrinsically localized modes exist as attractors of the dynamics governed by this equation. In particular, within certain ranges of the parameters $C, \alpha, \omega_{0}$ and $F$ the attracting configurations are propagating ILMs with welldefined propagation velocities, dependent on the system parameters; apart from the fact that the discrete sine-Gordon equation is well known, this has been the main motivation for our choice of equation (1). Due to the symmetry in the equations of motion, for each absolute value of the velocity we can have positive and negative signs, i.e. propagation to the right or left, respectively. There exist regions in parameter space where more than one absolute value of the propagation velocity $v$ is possible at fixed parameters.

In order to model temperature we add Gaussian white noise terms $\xi_{n}(t)$ of strength $\sigma$, i.e.

$$
\begin{equation*}
\left\langle\xi_{n}(t)\right\rangle=0 \quad\left\langle\xi_{m}(t) \xi_{n}\left(t^{\prime}\right)\right\rangle=\sigma^{2} \delta_{m n} \delta\left(t-t^{\prime}\right) \tag{2}
\end{equation*}
$$

to the equations of motion (1) for the individual pendulums. Such noise terms can be described in a clearer way by Wiener processes [26], but as the theoretical treatment of the diffusive motion we present in sections 3 and 4 does not make use of the formalism of stochastic differential equations, we do not tarry here. The relation between $\sigma$ and the temperature $T$ is $\sigma^{2}=2 \alpha k_{B} T$, where $k_{B}$ is Boltzmann's constant. It turns out that the noise causes random transitions between basins of attraction corresponding to opposite signs of the propagation velocity of the discrete breather, which brings about the diffusive motion of the excitation.

In section 2 we present numerical results, including a comparison with predictions to be derived in the next two sections. Section 3 discusses a theoretical model for the diffusive behaviour of the modes which uses only the transition probability $\Theta$ between basins of attraction as a parameter; it is then improved in section 4 by the introduction of the delay time
$\tau_{A}$ as a second parameter. We discuss the results and draw some conclusions in section 5. An appendix lists some intermediate results related to section 4.

## 2. Numerical results

The simulations are done in a chain of 1000 particles with periodic boundary conditions (i.e. a ring). The stochastic time evolution according to (1) with the noise terms added is generated by the Heun algorithm (time step $\Delta t=0.01$ ). We use parameter values $\alpha=0.02, F=0.02, \omega_{0}=0.2 \pi$ and $C=0.890$ along with several values of $\sigma$. The local energies

$$
\begin{equation*}
E_{n}=\frac{1}{2} p_{n}^{2}+\frac{1}{(2 \pi)^{2}}\left[1-\cos \left(2 \pi u_{n}\right)\right] \tag{3}
\end{equation*}
$$

are used to define the position $X$ of the localized mode as

$$
\begin{equation*}
X=\frac{\sum_{n=-2}^{n=+2}\left(n_{0}+n\right) E_{n_{0}+n}}{\sum_{n=-2}^{n=+2} E_{n_{0}+n}} \tag{4}
\end{equation*}
$$

where the site $n_{0}$ is chosen in the following way: the distribution of the $E_{n}$ sharply peaks around the location of the ILM. Usually, this peak has only one maximum. In this case, $n_{0}$ is the site where this maximum occurs. Sometimes, the peak displays a structure maximum-minimummaximum on three subsequent sites. In this case $n_{0}$ is the site of the peak's minimum. Using (4) we calculate the position of the excitation out of the numerically generated configurations. Averaging over 2000 realizations, we obtain the time evolution of the mean value of $X$ as well as the variance of the position. In figure 1 we show some sample trajectories. We can see that the noise causes the system to jump between attracting states corresponding to opposite signs of the propagation velocity $v$. At the parameter values chosen, the system is known [24] to allow for at least two values of $|v|$, which are approximately 0.0186 and roughly twice that. As the trajectories shown already hint and a closer quantitative look confirms, only the former of the two values is involved. We cannot strictly exclude the appearance of more than just this one value of $|v|$, but our numerical results show that if this happens at all, it is a rare event. Transitions $v \approx 0.0186 \leftrightarrow v \approx-0.0186$ are clearly dominant. A comparison between the results from simulations and the predictions of the model in section 4 is shown in figure 2. The model parameters $\Theta$ and $\tau_{A}$ have been determined by a least-squares method. We have generated predictions of the mean and the variance for various values of $\tau_{A}$ and $\Theta$, with a distance of 5 between subsequent values of $\tau_{A}$ and a distance of $10^{-5}$ between subsequent values of $\Theta$. For each pair $\left(\tau_{A}, \Theta\right)$ we next have calculated the squared relative deviation between the predicted and the numerically obtained mean values and also the squared relative deviation between the predicted and the numerically obtained variances. Adding these two quantities gives the total relative deviation between prediction and simulation. We then have chosen the pair $\left(\tau_{A}, \Theta\right)$ yielding the minimum of the calculated total relative deviations as a first approximation and improved it by redoing the procedure in the vicinity of the pair with a $\tau_{A}$-step of 1 and the $\Theta$-step unchanged. Given that our model is only an approximate description and that there are still notable fluctuations in the numerical results, an even higher precision in the determination of the two parameters did not appear called for. From these fits we have found that a larger $\sigma$ means a higher value of $\Theta$ and a lower value of $\tau_{A}$. For the mean value we note a clear discrepancy between the prediction of the model and the data provided by simulations in the transient time regime between the short-time and the long-time behaviour. Our data for various noise strengths show that this mismatch becomes larger if the ratio $\Theta^{-1} / \tau_{A}$ decreases. The mean value approaches a $\sigma$-dependent value constant in


Figure 1. Some sample trajectories for two different strengths of the noise. Top: $\sigma=7 \times 10^{-5}$, Bottom: $\sigma=12 \times 10^{-5}$. The position of the localized mode has been calculated every 100 time units.
time, i.e. after the transient there is no mean drift in the system. The variance, also after the transient, depends linearly on time, which is the result expected for standard diffusion (Brownian motion). Completely non-standard, however, is the fact that the diffusion constant, i.e. the slope of the variance as a function of time, decreases with increasing noise strength, i.e. increasing temperature. A temperature dependence of qualitatively the same nature has been reported for one of several diffusive processes contributing to the diffusion of kinks in a $\phi^{4}$-model [18]. As we can see from figure 2, the theoretical model developed in section 4 reproduces the numerically found temperature dependence. The agreement for the variance is quite satisfactory, for the mean value it is harder to judge, because of the strong fluctuations still present despite the averaging over 2000 realizations.

## 3. A first model

The observation of the numerically generated trajectories reveals that the effect the noise has on the excitation is apparently random transitions of the configuration between basins of


Figure 2. Comparison between data from simulations and results from the model of section 4. The simulation data are averages over 2000 realizations. Left: mean value of the position (with respect to the initial position), right: variance of the position. Top: $\sigma=10 \times 10^{-5}$ (fitted parameters: $\Theta=6.8 \times 10^{-4}, \tau_{A}=643$ ), bottom: $\sigma=12 \times 10^{-5}$ (fitted parameters: $\Theta=1.06 \times 10^{-3}, \tau_{A}=582$ )
attraction corresponding to opposite signs of the propagation velocity. Also, only one absolute value of the velocity plays a role; there is no evidence of the involvement of other velocity values, which in principle are possible in the system. We consider a countable set of possible velocity values $v_{i}$ together with the probabilities $p_{i}(t)$ of the system being in the configuration corresponding to the propagation velocity $v_{i}$ at time $t$. From the obvious relation

$$
\begin{equation*}
X(t)=\int_{0}^{t} v\left(t^{\prime}\right) \mathrm{d} t^{\prime} \tag{5}
\end{equation*}
$$

for the position $X(t)$ of the breather we obtain

$$
\begin{equation*}
\langle X(t)\rangle=\int_{0}^{t} \sum_{\mathrm{i}} p_{i}\left(t^{\prime}\right) v_{i} \mathrm{~d} t^{\prime}=\sum_{\mathrm{i}} v_{i} \int_{0}^{t} p_{i}\left(t^{\prime}\right) \mathrm{d} t^{\prime} \tag{6}
\end{equation*}
$$

for the mean value. For the two-time correlation function $C\left(t_{2}, t_{1}\right)$ we find

$$
\begin{align*}
C\left(t_{2}, t_{1}\right) & :=\left\langle X\left(t_{2}\right) X\left(t_{1}\right)\right\rangle-\left\langle X\left(t_{2}\right)\right\rangle\left\langle X\left(t_{1}\right)\right\rangle \\
& =\sum_{i, j} v_{i} v_{j} \int_{0}^{t_{2}} \int_{0}^{t_{1}}\left[p\left(v_{i}, t_{2}^{\prime} ; v_{j}, t_{1}^{\prime}\right)-p_{i}\left(t_{2}^{\prime}\right) p_{j}\left(t_{1}^{\prime}\right)\right] \mathrm{d} t_{1}^{\prime} \mathrm{d} t_{2}^{\prime} \\
& =\sum_{i, j} v_{i} v_{j} \int_{0}^{t_{2}} \int_{0}^{t_{1}}\left[p_{i \mid j}\left(t_{2}^{\prime} \mid t_{1}^{\prime}\right)-p_{i}\left(t_{2}^{\prime}\right)\right] p_{j}\left(t_{1}^{\prime}\right) \mathrm{d} t_{1}^{\prime} \mathrm{d} t_{2}^{\prime} . \tag{7}
\end{align*}
$$

Herein $p\left(v_{i}, t_{2}^{\prime} ; v_{j}, t_{1}^{\prime}\right)$ is the joint probability of finding velocity $v_{i}$ at time $t_{2}^{\prime}$ and velocity $v_{j}$ at time $t_{1}^{\prime} ; p_{i \mid j}\left(t_{2}^{\prime} \mid t_{1}^{\prime}\right)$ is the corresponding conditional probability $p_{i \mid j}\left(t_{2}^{\prime} \mid t_{1}^{\prime}\right)=$ $p\left(v_{i}, t_{2}^{\prime} ; v_{j}, t_{1}^{\prime}\right) / p_{j}\left(t_{1}^{\prime}\right)$. For the case of only two velocities $+v$ and $-v$ the above specializes to
$\langle X(t)\rangle=v\left\{\int_{0}^{t} p_{+}\left(t^{\prime}\right) \mathrm{d} t^{\prime}-\int_{0}^{t}\left[1-p_{+}\left(t^{\prime}\right)\right] \mathrm{d} t^{\prime}\right\}=v\left[2 \int_{0}^{t} p_{+}\left(t^{\prime}\right) \mathrm{d} t^{\prime}-t\right]$
as for only two values $p_{-}=1-p_{+}$, and

$$
\begin{align*}
C\left(t_{2}, t_{1}\right)=v^{2} & \int_{0}^{t_{2}} \int_{0}^{t_{1}}\left\{\left[p_{+\mid+}\left(t_{2}^{\prime} \mid t_{1}^{\prime}\right)-p_{+}\left(t_{2}^{\prime}\right)\right] p_{+}\left(t_{1}^{\prime}\right)+\left[p_{-\mid-}\left(t_{2}^{\prime} \mid t_{1}^{\prime}\right)-p_{-}\left(t_{2}^{\prime}\right)\right] p_{-}\left(t_{1}^{\prime}\right)\right. \\
& \left.-\left[p_{+\mid-}\left(t_{2}^{\prime} \mid t_{1}^{\prime}\right)-p_{+}\left(t_{2}^{\prime}\right)\right] p_{-}\left(t_{1}^{\prime}\right)-\left[p_{-\mid+}\left(t_{2}^{\prime} \mid t_{1}^{\prime}\right)-p_{-}\left(t_{2}^{\prime}\right)\right] p_{+}\left(t_{1}^{\prime}\right)\right\} \mathrm{d} t_{1}^{\prime} \mathrm{d} t_{2}^{\prime} \tag{9}
\end{align*}
$$

Up to now nothing has been said about the probabilities occurring in (8) and (9). We assume that there is a constant probability $\Theta$ per unit time for a change in the sign of the velocity. This leads to

$$
\begin{align*}
& \frac{\mathrm{d} p_{+}}{\mathrm{d} t}=\Theta\left(p_{-}-p_{+}\right)  \tag{10}\\
& \frac{\mathrm{d} p_{-}}{\mathrm{d} t}=\Theta\left(p_{+}-p_{-}\right) \tag{11}
\end{align*}
$$

with the solutions

$$
\begin{align*}
& p_{+}(t)=\frac{1}{2}+\frac{1}{2}\left(p_{+}-p_{-}\right)(0) \exp (-2 \Theta t)  \tag{12}\\
& p_{-}(t)=\frac{1}{2}-\frac{1}{2}\left(p_{+}-p_{-}\right)(0) \exp (-2 \Theta t) \tag{13}
\end{align*}
$$

We furthermore find

$$
\begin{align*}
& p_{+\mid-}\left(t_{2}^{\prime} \mid t_{1}^{\prime}\right)=p_{-\mid+}\left(t_{2}^{\prime} \mid t_{1}^{\prime}\right)=\frac{1}{2}-\frac{1}{2} \exp \left[-2 \Theta\left(t_{2}^{\prime}-t_{1}^{\prime}\right)\right]  \tag{14}\\
& p_{+\mid+}\left(t_{2}^{\prime} \mid t_{1}^{\prime}\right)=p_{-\mid-}\left(t_{2}^{\prime} \mid t_{1}^{\prime}\right)=\frac{1}{2}+\frac{1}{2} \exp \left[-2 \Theta\left(t_{2}^{\prime}-t_{1}^{\prime}\right)\right] . \tag{15}
\end{align*}
$$

Choosing the initial condition to have positive sign of the velocity, from these expressions and (8), (9) we obtain

$$
\begin{equation*}
\langle X(t)\rangle=\frac{v}{2 \Theta}[1-\exp (-2 \Theta t)] \quad \lim _{t \rightarrow \infty}\langle X(t)\rangle=\frac{v}{2 \Theta} \tag{16}
\end{equation*}
$$

and

$$
\begin{equation*}
C\left(t_{2}, t_{1}\right)=\frac{v^{2}}{2 \Theta^{2}}\left[1-\exp \left(-2 \Theta t_{2}\right)\right]\left[\cosh \left(2 \Theta t_{1}\right)-1\right] \tag{17}
\end{equation*}
$$

From the latter expression we find for the variance of the position

$$
\begin{equation*}
\operatorname{var}[X(t)]=2 \frac{v^{2}}{\Theta^{2}} \exp (-\Theta t)[\sinh (\Theta t)]^{3} \tag{18}
\end{equation*}
$$

The nonvanishing long-time limit of $\langle X(t)\rangle(16)$ is a consequence of the initial condition, which breaks the symmetry between the $+v$ and $-v$ states. After equilibration by stochastic transitions this symmetry is restored, and in the mean the position does not change anymore. Asymptotically for long times, the variance behaves as $\exp (2 \Theta t)$. This does not reflect the behaviour found in simulations. Thus, though due to the denominators of the prefactors in (16) and (18) an increase in the noise strength via an increase in $\Theta$ reduces the mean value and partially has a suppressing effect on the variance (as is expected from numerical results), the results are not satisfactory and an improvement of the model is called for. The next section is dedicated to this.

## 4. An improved model

Individual trajectories obtained in numerics clearly show that the localized excitations change the sign of their propagation velocity under the influence of noise. This change implies a change in the configuration of the breather, more precisely a transition from one basin of attraction to another. Such a transition, however, does not happen instantaneously. Rather, there will be a time span during which the configuration is not close to either attractor; the dynamics during this transition period may be quite involved and is not a subject of this paper. We attempt to roughly capture the effects of the noninstantaneousness of the transition by the introduction of a transition time $\tau_{A}$, during which the velocity of the breather is 0 (i.e. just the average of initial and final velocities in a transition $+v \leftrightarrow-v$ ), and during which no further transitions may be initiated. This means that if a transition from the $+v$ state is initiated at time $t=0$, then the velocity of the localized mode immediately acquires the value 0 , which it will retain up to $t=\tau_{A}$, when the velocity jumps to $-v$. In particular, we do not take into consideration 'failed' transitions, i.e. jumps of the velocity from $+v$ to 0 and back to $+v$. It is unclear whether taking into account such processes would improve the model; reality is much more complex and can involve all kinds of trajectories in velocity space. It certainly would increase the number of parameters and assumptions in the model; therefore we confine ourselves to the simple model where each initiated transition after time $\tau_{A}$ ends in the attractor corresponding to the opposite sign of the velocity. We keep the assumption of the previous section that there is a constant probability $\Theta$ per unit time for a transition to be initiated.

The introduction of the 'delay time' $\tau_{A}$ limits the maximum number $m$ of jumps occurring in time $t$ to $m=\left[t / \tau_{A}\right]+1$, where $[x]$ denotes the integer part of $x$. If we consider a trajectory with $n$ jumps up to time $t$ (note that this implies $t \geqslant(n-1) \tau_{A}$ ), the jumps occurring at times $T_{1}, T_{2}, \ldots, T_{n}$, with $0 \leqslant T_{1} \leqslant T_{2}-\tau_{A} \leqslant \cdots \leqslant T_{n}-\tau_{A}$, we obtain for the distance traversed by the ILM:

$$
\begin{align*}
X(t)=v\left[T_{1}-\right. & \left(T_{2}-T_{1}-\tau_{A}\right)+\left(T_{3}-T_{2}-\tau_{A}\right) \\
& \left.-\cdots-\pi(n)\left(T_{n}-T_{n-1}-\tau_{A}\right)+\pi(n)\left(t-T_{n}-\tau_{A}\right)\right] \\
= & v\left[-2 \sum_{k=1}^{n} \pi(k) T_{k}+\pi(n) t+\frac{1-\pi(n)}{2} \tau_{A}\right] \tag{19}
\end{align*}
$$

where $\pi(n)$ is the parity of $n$, i.e. $\pi(n)=+1$ if $n$ is even and $\pi(n)=-1$ if $n$ is odd. Expression (19) holds if $T_{n} \leqslant t-\tau_{A}$; in the case $T_{n}>t-\tau_{A}$ we find

$$
\begin{equation*}
X(t)=v\left[-2 \sum_{k=1}^{n-1} \pi(k) T_{k}-\pi(n) T_{n}+\frac{1+\pi(n)}{2} \tau_{A}\right] \tag{20}
\end{equation*}
$$

because the excitation does not move after the $n$th jump. The temporal probability density of $n$ jumps occurring at the times $T_{1}, \ldots, T_{n}$ is in the case $T_{n} \leqslant t-\tau_{A}$ :

$$
\begin{align*}
p\left(T_{n}, \ldots, T_{1}\right) & =\exp \left(-\Theta T_{1}\right) \Theta \exp \left[-\Theta\left(T_{2}-T_{1}-\tau_{A}\right)\right] \\
& \cdots \exp \left[-\Theta\left(T_{n}-T_{n-1}-\tau_{A}\right)\right] \Theta \exp \left[-\Theta\left(t-T_{n}-\tau_{A}\right)\right] \\
= & \Theta^{n} \exp \left[-\Theta\left(t-n \tau_{A}\right)\right] \tag{21}
\end{align*}
$$

and analogously in the case $T_{n}>t-\tau_{A}$ :

$$
\begin{equation*}
p\left(T_{n}, \ldots, T_{1}\right)=\Theta^{n} \exp \left[-\Theta\left(T_{n}-(n-1) \tau_{A}\right)\right] \tag{22}
\end{equation*}
$$

Using equations (19)-(22) the mean value of $X(t)$ can be calculated as

$$
\begin{equation*}
\langle X(t)\rangle=S_{0}(t)+\sum_{n=1}^{m-1}\left[S_{1, n}(t)+S_{2, n}(t)\right]+S_{3, m}(t) \tag{23}
\end{equation*}
$$

with

$$
\begin{equation*}
S_{0}(t)=v t \exp [-\Theta t] \tag{24}
\end{equation*}
$$

corresponding to no jumps, and, using the step function $H$,

$$
\begin{aligned}
& S_{1, n}(t)=H\left(t-n \tau_{A}\right) v \Theta^{n} \exp \left[-\Theta\left(t-n \tau_{A}\right)\right] \int_{(n-1) \tau_{A}}^{t-\tau_{A}} \mathrm{~d} T_{n} \int_{(n-2) \tau_{A}}^{T_{n}-\tau_{A}} \mathrm{~d} T_{n-1} \ldots \\
& \int_{\tau_{A}}^{T_{3}-\tau_{A}} \mathrm{~d} T_{2} \int_{0}^{T_{2}-\tau_{A}} \mathrm{~d} T_{1}\left[-2 \sum_{k=1}^{n} \pi(k) T_{k}+\pi(n) t+\frac{1-\pi(n)}{2} \tau_{A}\right]
\end{aligned}
$$

$$
S_{2, n}(t)=H\left(t-n \tau_{A}\right) v \Theta^{n} \int_{t-\tau_{A}}^{t} \mathrm{~d} T_{n} \exp \left[-\Theta\left(T_{n}-(n-1) \tau_{A}\right)\right] \int_{(n-2) \tau_{A}}^{T_{n}-\tau_{A}} \mathrm{~d} T_{n-1} \ldots
$$

$$
\begin{equation*}
\int_{\tau_{A}}^{T_{3}-\tau_{A}} \mathrm{~d} T_{2} \int_{0}^{T_{2}-\tau_{A}} \mathrm{~d} T_{1}\left[-2 \sum_{k=1}^{n-1} \pi(k) T_{k}-\pi(n) T_{n}+\frac{1+\pi(n)}{2} \tau_{A}\right] \tag{26}
\end{equation*}
$$

and

$$
\begin{align*}
S_{3, m}=H(t- & \left.(m-1) \tau_{A}\right)\left[1-H\left(t-m \tau_{A}\right)\right] v \Theta^{m} \\
& \times \int_{(m-1) \tau_{A}}^{t} \mathrm{~d} T_{m} \exp \left[-\Theta\left(T_{m}-(m-1) \tau_{A}\right)\right] \int_{(m-2) \tau_{A}}^{T_{m}-\tau_{A}} \mathrm{~d} T_{m-1} \ldots \int_{\tau_{A}}^{T_{3}-\tau_{A}} \mathrm{~d} T_{2} \\
& \times \int_{0}^{T_{2}-\tau_{A}} \mathrm{~d} T_{1}\left[-2 \sum_{k=1}^{m-1} \pi(k) T_{k}-\pi(m) T_{m}+\frac{1+\pi(m)}{2} \tau_{A}\right] . \tag{27}
\end{align*}
$$

Several expressions are useful in evaluating these quantities as well as others to be introduced below. They are gathered in the appendix. After some algebra we arrive at
$S_{1, n}(t)=H\left(t-n \tau_{A}\right) \frac{1+\pi(n)}{2} \frac{v}{\Theta} \exp \left[-\Theta\left(t-n \tau_{A}\right)\right] \frac{\left[\Theta\left(t-n \tau_{A}\right)\right]^{n+1}}{(n+1)!}$
$S_{2, n}=H\left(t-n \tau_{A}\right) \frac{1-\pi(n)}{2} \frac{v}{\Theta} \exp \left[-\Theta\left(t-n \tau_{A}\right)\right] \sum_{l=0}^{n} \frac{1}{(n-l)!}\left\{\left[\Theta\left(t-n \tau_{A}\right)\right]^{n-l}\right.$
$\left.-\left[\Theta\left(t-(n-1) \tau_{A}\right)\right]^{n-l} \mathrm{e}^{-\Theta \tau_{A}}\right\}$
$S_{3, m}=H\left(t-(m-1) \tau_{A}\right)\left[1-H\left(t-m \tau_{A}\right)\right] \frac{1-\pi(m)}{2} \frac{v}{\Theta}$

$$
\begin{equation*}
\times\left\{1-\exp \left[-\Theta\left(t-(m-1) \tau_{A}\right)\right] \sum_{l=0}^{m} \frac{\left[\Theta\left(t-(m-1) \tau_{A}\right)\right]^{m-l}}{(m-l)!}\right\} \tag{30}
\end{equation*}
$$

The expressions for $S_{2, n}$ and $S_{3, m}$ are complicated because of the polynomials appearing; in all the cases $S_{1, n}, S_{2, n}$ and $S_{3, m}$, however, we clearly see the 'retardation' caused by the introduction of $\tau_{A}$.

In a similar way, the expectation of $X(t)^{2}$ can be written as

$$
\begin{equation*}
\left\langle X(t)^{2}\right\rangle=Q_{0}(t)+\sum_{n=1}^{m-1}\left[Q_{1, n}(t)+Q_{2, n}(t)\right]+Q_{3, m}(t) \tag{31}
\end{equation*}
$$

with

$$
\begin{equation*}
Q_{0}(t)=v^{2} t^{2} \exp (-\Theta t) \tag{32}
\end{equation*}
$$

$$
\begin{align*}
Q_{1, n}(t)=H(t & \left.-n \tau_{A}\right) \frac{v^{2}}{\Theta^{2}} \exp \left[-\Theta\left(t-n \tau_{A}\right)\right] \frac{\left[\Theta\left(t-n \tau_{A}\right)\right]^{n+2}}{(n+2)!} \\
& \times\left[\frac{1+\pi(n)}{2}(n+2)+\frac{1-\pi(n)}{2}(n+1)\right]  \tag{33}\\
Q_{2, n}(t)=H(t & \left.-n \tau_{A}\right) \frac{v^{2}}{\Theta^{2}} \exp \left[-\Theta\left(t-n \tau_{A}\right)\right] \sum_{k=0}^{n+1}\left\{\left[\Theta\left(t-n \tau_{A}\right)\right]^{n+1-k}\right. \\
& \left.-\left[\Theta\left(t-(n-1) \tau_{A}\right)\right]^{n+1-k} \mathrm{e}^{-\Theta \tau_{A}}\right\} \\
Q_{3, m}(t)=H(t & \left.-(m-1) \tau_{A}\right)\left[1-H\left(t-m \tau_{A}\right)\right] \frac{v^{2}}{\Theta^{2}}  \tag{34}\\
& \times \pi(n) \\
& \times\left\{\left(1-\exp \left[-\Theta\left(t-(m-1) \tau_{A}\right)\right]\right)\left(\frac{1+\pi(m)}{(n+1-k)!}+\frac{1-\pi(n)}{2} \frac{n+1}{(n+1-k)!}\right]\right. \\
& -\sum_{k=0}^{m}\left[\Theta\left(t-(m-1) \tau_{A}\right)\right]^{m+1-k} \exp \left[-\Theta\left(t-(m-1) \tau_{A}\right)\right] \\
& \times\left[\frac{1+\pi(m)}{2} \frac{1-\pi}{(m+1-k)!}+\frac{1-\pi(m)}{2} \frac{m+1}{(m+1-k)!}(m+1)\right) \tag{35}
\end{align*}
$$

From these results we can of course obtain $\operatorname{var}[X(t)]=\left\langle X(t)^{2}\right\rangle-\langle X(t)\rangle^{2}$, but as the expressions shown above are already rather involved, we do not carry out this step explicitly. However, from the above results the mean and the variance can easily be plotted and compared with the results from simulations, as done in figure 2.

The behaviour for short times $t<\tau_{A}, \Theta t \ll 1$ can be obtained from $S_{3,1}$ and $Q_{3,1}$. We find

$$
\begin{equation*}
\langle X(t)\rangle=\frac{v}{\Theta}[1-\exp (-\Theta t)] \approx \frac{v}{\Theta}\left[\Theta t-\frac{1}{2}(\Theta t)^{2} \ldots\right] \tag{36}
\end{equation*}
$$

and

$$
\begin{equation*}
\operatorname{var}[X(t)]=\frac{v^{2}}{\Theta^{2}}[1-2 \Theta t \exp (-\Theta t)-\exp (-2 \Theta t)] \approx \frac{1}{3} \frac{v^{2}}{\Theta^{2}}(\Theta t)^{3} \tag{37}
\end{equation*}
$$

A completely different approach, which we will therefore present in a separate publication, easily yields the long-time $(t \gg 1 / \Theta)$ behaviour. The results are $\langle X\rangle=v /(2 \Theta)$, which agrees with the result from section 3 independently of $\tau_{A}$ and $\operatorname{var}[X(t)]=D t+c$ with

$$
\begin{equation*}
D=\frac{v^{2}}{\Theta^{2}\left(\tau_{A}+\frac{1}{\Theta}\right)} \quad c=-\frac{v^{2}}{2 \Theta^{2}} \tag{38}
\end{equation*}
$$

Here, even in the case $\tau_{A} \rightarrow 0$, agreement with the simpler model of the previous section, where the variance shows exponential behaviour, is not achieved.

## 5. Discussion and outlook

As we have seen, the diffusive behaviour of an intrinsic localized mode in the damped-driven discrete sine-Gordon chain, when Gaussian white noise is coupled to the system to model the effects of temperature, is due to random transitions between attracting configurations of the system that correspond to opposite signs of the propagation velocity of the mode. In this
paper we have developed a model that satisfactorily describes this diffusion process. At a preliminary stage, the model only uses the transition probability per unit time, $\Theta$, as parameter. This approach is not sufficient; it is improved by the introduction of a second parameter, the delay time $\tau_{A}$. Both parameters are determined from fits to the results from simulations. These fits show that with increasing temperature $\tau_{A}$ decreases and $\Theta$ increases. The long-time behaviour for both models is the same for the expectation of the position of the intrinsic localized mode, but not for the variance of the position, not even in the case of vanishing delay time. This is due to a fundamental difference between the two approaches we have presented. In the one-parameter model we have only taken into account the probabilities of finding the configurations in one of the attracting states or the other. The two-parameter model, on the other hand, follows individual trajectories through time and considers the probabilities for repeated jumps between the basins of attraction to occur in one and the same trajectory. The nonvanishing delay time, during which propagation of the excitation and further jumps are forbidden, also introduces a non-Markovian element in the diffusion process. The model does not make use of any specific characteristics of the system; it only requires the existence of the attracting states and the possibility to excite transitions between these states by noise. The details of such a transition will, we suspect, be sensitive to the particular system, but in the model that we have presented in section 4 the details are 'hidden' in the delay time $\tau_{A}$. Thus the origin of deviations between the prediction of the model and the result of simulations, which show in the transient period between the very early stages of the stochastic evolution and the long time diffusive regime, lies in the dynamics of the transition from one attractor to the other. This view is clearly supported by the fact that these deviations increase if $\Theta^{-1} / \tau_{A}$ decreases, as already mentioned in section 2 ; a decrease of this ratio indicates that the time the system spends 'in transition' (the phase we treat only with a strong approximation) increases in relation to the time the system is in one of the attractors, propagating with a well-defined velocity. Thus we can expect the quality of our predictions to decrease as well.

A first step in the development of a more detailed model would be a calculation/estimation of the parameters $\Theta$ and $\tau_{A}$ from the system parameters $C, \alpha, F, \omega_{0}$ and the noise strength $\sigma$. A further step would be to go beyond the simple picture of 'delayed jumps' that is at the heart of our model and to include the dynamics in full. The latter step then should also be able to describe the behaviour in the transient time regime.

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## Appendix

We list here several expressions that arise in the evaluation of the mean value of $X$ and of $X^{2}$. $M$ in the equations below is not to be confused with the maximum number of jumps $m$.

$$
\begin{equation*}
\int_{(M-2) \tau_{A}}^{T_{M}-\tau_{A}} \mathrm{~d} T_{M-1} \int_{(M-3) \tau_{A}}^{T_{M-1}-\tau_{A}} \mathrm{~d} T_{M-2} \ldots \int_{\tau_{A}}^{T_{3}-\tau_{A}} \mathrm{~d} T_{2} \int_{0}^{T_{2}-\tau_{A}} \mathrm{~d} T_{1}=\frac{\left[T_{M}-(M-1) \tau_{A}\right]^{M-1}}{(M-1)!} \tag{A.1}
\end{equation*}
$$

For $1 \leqslant k \leqslant M-1$

$$
\begin{align*}
\int_{(M-2) \tau_{A}}^{T_{M}-\tau_{A}} \mathrm{~d} T_{M-1} \int_{(M-3) \tau_{A}}^{T_{M-1}-\tau_{A}} \mathrm{~d} T_{M-2} \ldots \int_{\tau_{A}}^{T_{3}-\tau_{A}} \mathrm{~d} T_{2} \int_{0}^{T_{2}-\tau_{A}} \mathrm{~d} T_{1} T_{k} \\
\quad=k \frac{\left[T_{M}-(M-1) \tau_{A}\right]^{M}}{M!}+(k-1) \tau_{A} \frac{\left[T_{M}-(M-1) \tau_{A}\right]^{M-1}}{(M-1)!} \tag{A.2}
\end{align*}
$$

$$
\int_{(M-2) \tau_{A}}^{T_{M}-\tau_{A}} \mathrm{~d} T_{M-1} \int_{(M-3) \tau_{A}}^{T_{M-1}-\tau_{A}} \mathrm{~d} T_{M-2} \ldots \int_{\tau_{A}}^{T_{3}-\tau_{A}} \mathrm{~d} T_{2} \int_{0}^{T_{2}-\tau_{A}} \mathrm{~d} T_{1} T_{k}^{2}
$$

$$
=k(k+1) \frac{\left[T_{M}-(M-1) \tau_{A}\right]^{M+1}}{(M+1)!}+2 \tau_{A} k(k-1) \frac{\left[T_{M}-(M-1) \tau_{A}\right]^{M}}{M!}
$$

$$
\begin{equation*}
+(k-1)^{2} \tau_{A}^{2} \frac{\left[T_{M}-(M-1) \tau_{A}\right]^{M-1}}{(M-1)!} \tag{A.3}
\end{equation*}
$$

For $1 \leqslant k<l \leqslant M-1$

$$
\begin{align*}
\int_{(M-2) \tau_{A}}^{T_{M}-\tau_{A}} \mathrm{~d} & T_{M-1} \int_{(M-3) \tau_{A}}^{T_{M-1}-\tau_{A}} \mathrm{~d} T_{M-2} \ldots \int_{\tau_{A}}^{T_{3}-\tau_{A}} \mathrm{~d} T_{2} \int_{0}^{T_{2}-\tau_{A}} \mathrm{~d} T_{1} T_{k} T_{l} \\
= & (k l+k) \frac{\left[T_{M}-(M-1) \tau_{A}\right]^{M+1}}{(M+1)!}+(2 k l-l-k) \tau_{A} \frac{\left[T_{M}-(M-1) \tau_{A}\right]^{M}}{M!} \\
& +(k l-l-k+1) \tau_{A}^{2} \frac{\left[T_{M}-(M-1) \tau_{A}\right]^{M-1}}{(M-1)!}  \tag{A.4}\\
\sum_{k=1}^{n} \pi(k)= & -\frac{1-\pi(n)}{2}  \tag{A.5}\\
\sum_{k=1}^{n} \pi(k) k= & \frac{1+\pi(n)}{2} \frac{n}{2}+\frac{1-\pi(n)}{2}\left(-\frac{n+1}{2}\right)  \tag{A.6}\\
\sum_{l=k+1}^{n} \pi(l) l= & \frac{1+\pi(n)}{2} \frac{n}{2}+\frac{1-\pi(n)}{2}\left(-\frac{n+1}{2}\right)-\frac{1+\pi(k)}{2} \frac{k}{2}-\frac{1-\pi(k)}{2}\left(-\frac{k+1}{2}\right) \tag{A.7}
\end{align*}
$$

$\sum_{k=1}^{n-1} \pi(k) \sum_{l=k+1}^{n} \pi(l) l=\frac{1+\pi(n)}{2}\left(-\frac{n^{2}}{4}-\frac{n}{2}\right)+\frac{1-\pi(n)}{2}\left(\frac{1}{4}-\frac{n^{2}}{4}\right)$
$\sum_{k=1}^{n-1} \pi(k) \sum_{l=k+1}^{n} \pi(l)=-\frac{1}{2} \frac{1+\pi(n)}{2}-\frac{1}{2}(n-1)$
$\sum_{k=1}^{n-1} \pi(k) k \sum_{l=k+1}^{n} \pi(l)=\frac{1-\pi(n)}{2}\left(-\frac{n^{2}}{4}+\frac{1}{4}\right)+\frac{1+\pi(n)}{2}\left(-\frac{n^{2}}{4}\right)$
$\sum_{k=1}^{n-1} \pi(k) \sum_{l=k+1}^{n} \pi(l) k l=\frac{1+\pi(n)}{2}\left(-\frac{n^{3}}{6}-\frac{n^{2}}{8}-\frac{n}{12}\right)+\frac{1-\pi(n)}{2}\left(-\frac{n^{3}}{6}-\frac{n^{2}}{8}+\frac{n}{6}+\frac{1}{8}\right)$

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